



Class Levels

Open Level

Intermediate

Advanced

Saturday

LOCATION

Chelsea Piers Field House- 62 Chelsea Piers, New York, NY, 10011

9:00 - 9:30	Registration				
9:30 - 10:00	Warm up				
10:00 - 11:45	L Basing	Standing Acro	Acro Dance	Trio/Group	L Basing
	The ABC's of H2H's Rob Newmans	Pitch Me Something Good Acro Bear & Christina Baez-Johnson	Dips Tricks & Lifts Zoë Klein & Dave Paris	Group Work & Towers Sam Sweet & Ben Klein	Serpents Scales Kelly Marburger & Eric Sipes
12:00 - 12:45 Mini Session	Handstand	Handstand	Handstand	Floorwork	Handstand
	One Arm Handstand Tiago	Dynamic Handstands Sam Sweet	Find your Balance Mendel Romanenko	Ground Play Brittany Posas	Inversion Recovery Emily Lesinski DPT
12:45 - 2:30	Photo + Lunch Break (1:45hr)				
2:30 - 4:15	Standing Acro	Acro Dance	Trio/Group	Standing / L basing	L Basing - Icarian
	One Arm Hand 2 Hand Jack & Tiago	Airborne Elegance Edward & Mimi Manning	Doing Acro Three Style Miinx, Phil & Penguin	Gettin' Down with Get-Ups Kaylee & Chris Kirchman	Touching Soles John Thorpe & Janae Brienne
4:30 - 6:00	Standing Acro	Standing Acro	Acro Dance	Thai Massage	L Basing
	The Fooking Lads Tricks Jack & Tiago	Path to Inlocate Brian Konash	Act Creation Iffy Roma & Sarah Jack	Standing Thai Bassam Kubba	Spin Like a Top Thalia Rossitter & Matty
6:00 - 8:00	Dinner Break				
8:00 - 11:00	Lunar Lo-Fi: Bodywork & Chill St. Marks Yoga- 12 St Marks Pl, New York, NY 10003				

Sunday

9:00 - 9:30	Registration & Warm up				
9:30 - 11:15	Standing Acro	L Basing - Whips	Trio/Group	L Basing	L Basing - Icarian
	PILOBOLUS Quincy & Paul	Whips that Pop Emily Lesinski & Sean Langhaus	BALAcro Pop-Locate Jessi DeLeo, Kaylee Kirchman, Erin Yonker	How Many Steps? Jeremy Estey & Maria Kolakowska	Icarian Double Feature Kerri Hilton & Taylored
11:25 - 1:10	Standing Acro	Acro Dance	Trio/Group	Standing Acro	L Basing
	Roll Up & Around Angela Butch & Yoni Kallai	Dance Lifts & Spins Tori Abell & Rob Li	Banquine 'Em To Queens Ari Darmon & Kimber Brenneman & Roderick Bowes	Just Ping it! Jessi DeLeo & Chris Kirchman	Funky Fresh (Counter) Balances Sarah Moser & Nate Rieder
1:10 - 1:30	Snack Break				
1:30 - 3:15	Standing Acro	Acro Dance	Trio/Group	Lunar	L Basing - pop
	Intro to Cannonball! Lisa Bregman & Colin Story	Embody the Wind Steve Cummings & Gina Shiotani	Midlife Crisis Melissa Wu	Thai Massage for Bases & Flyers Mary Aranas & Sandy Ames	Pancake Party Susie & Nosa Edebor
4:00 - 7:00	Open Jam Pier 46 at Hudson River Park - Hudson River Greenway, New York, NY 10014				